



In Touch

Journeying Together:

Collaboration

Co-operation

Co-Responsibility

The Most Holy Trinity (year B)

25th / 26th May 2024

No. 1384

Dear Parishioners

I hope that you and your families are well. I send my prayers.

Last Monday we entered again into Ordinary Time. After the celebration of Eastertide and the great feast of Pentecost, and all the seasons, starting with Advent, each with its own special character and celebration, this change may seem a massive anti-climax. Even the phrase, Ordinary Time, seems calculated to make us feel deflated. But maybe we are invited instead to recognise that every Sunday is equally a celebration of the Paschal Mystery, a kind of Easter in miniature, when we remember and are drawn again and again into the death and resurrection of Jesus with all that this promises. There is less fanfare, perhaps, but the reality is always the same.

Meanwhile, this Sunday we celebrate the Feast of the Holy Trinity, God the Father, God the Son, and God the Holy Spirit. St Irenaeus explained the Trinity saying that the Son and the Spirit are the two hands of God, through whom the Father created us and reaches out to us to draw us up into His love. We are invited to accept His invitation to become a part of the community which is God. Pope Francis expresses it: *The Trinity is the communion of Divine Persons who are with one another, for one another, in one another: this communion is the life of God, the mystery of love of the Living God.* We are invited to enter this mystery of God's love. *By virtue of Baptism, we are part of His community.* Pope Francis explains that this invitation of God must be reflected in our own lives and in our relationships with one another: *to live in communion among ourselves on the model of that communion of God. We are called to live not without each other, over or against the other, but with one another, and in one another... to live in love mutually and towards all, sharing in joy and sufferings, learning to ask and to grant forgiveness.* The service which God asks of us is to build up the Christian community: *we are entrusted with the task of building ecclesial communities that are more and more a family.*

In our gospel today we hear Jesus' command to his followers to *go and make disciples of all nations.* Please pray for the missionary work of our parish, that we may all be faithful to this calling and may build a community which reflects God's own communion in the Trinity.

I send my very best wishes. Yours. Fr Paul

Prayers

Please pray for John and Sue Rutherford

Please continue to pray for our parishioners Demelza Waring, Liz Hicklin, Teresa Tierney, Pamela Bagwell, Helen Sweetman, Jill Carter, Laura Rawlinson, Peter and Antee Greene, Fred Green and Hugh Hurdman.

Prayer to the Holy Trinity

*Glory be to the Father, Who by His almighty power and love created me,
making me in the image and likeness of God.*

*Glory be to the Son, Who by His Precious Blood delivered me from hell,
and opened for me the gates of heaven.*

*Glory be to the Holy Spirit, Who has sanctified me in the sacrament of Baptism,
and continues to sanctify me by the graces I receive daily from His bounty.*

*Glory be to the Three adorable Persons of the Holy Trinity,
now and forever. Amen.*

May, the month of Mary

This month, use our rosary reflections, family prayer ideas and Marian prayers to ask Mary's intercession for Sudan. <https://cafod.org.uk/pray/pray-the-rosary/prayers-for-the-month-of-may>

In preparation for the 2025 Jubilee Year "Pilgrims of Hope", 2024 has been designated a Year of Prayer by Pope Francis.

"Prayer unites us; it makes us brothers and sisters.

It is in prayer that our hearts find the strength not to be cold and insensitive in the face of injustice.

In prayer, God keeps calling us, opening our hearts to charity." (Pope Francis)

God of peace may your kingdom come. May fear strike no longer, let pain fade away, may earthly power be challenged, when it plunders the poor, and tramples on hope.

God of peace may your kingdom come. Help us put away the weapons of war, help us destroy the tools of destruction, let earthly power be challenged, when it plunders the poor, and tramples on hope.

God of peace may your kingdom come. Teach us to follow the ways of justice, teach us to walk the paths of truth, let integrity challenge the power that plunders, when it tramples the poor and pours scorn on our hope.

God of peace may your kingdom come. Bring peace sweet as honey, bring peace like a shield, and may we be the challenge to earthly power that plunders and tramples on hope.

God of peace may your kingdom come.

Amen.

(Linda Jones/CAFOD)

Please pray for the people of Israel and Palestine and of Russia and Ukraine

God of peace, who are peace itself.

and whom a spirit of discord cannot grasp, nor a violent mind receive,

grant that those who are one in heart may persevere in what is good.

and that those in conflict may forget evil and so be healed.

Through Christ our Lord. Amen

(Prayer: Roman Missal, p.1361)

Anniversaries

Please pray for the Souls of – Brian Fenn, John Cooper, Tina Bryant, Eloise Powell, Jo Wetz, Gareth Belcher, Liz Axbey, Patrick Wilson, Yolanda Harton, Jane Allison, Mary Payne, Ethne Atkins and Jacques Van Heusen. Eternal rest grant unto them, O Lord, and let perpetual light shine upon them, may they rest in peace. Amen.

Daily Readings

Monday – 1 Thess 2:2-8 Matt 9:35-37 or Luke 10:1-9 (**St Augustine of Canterbury**)

Tuesday – 1 Pet 1:10-16 Mark 10:28-31

Wednesday – 1 Pet 1:18-25 Mark 10:32-45

Thursday – 1 Pet 2:2-5, 9-12 Mark 10:46-52

Friday – Zeph 3:14a-18 or Rom 12:9-16 Luke 1:39-56 (**The Visitation of our Lady**)

Saturday – Jude 17:20b-25 Mark 11:27-33 (**St Justin**)

Next Sunday's Readings: **Corpus Christi – The Most Holy Body and Blood of Christ (Year B)**

1st Reading – Exodus 24:3-8 2nd Reading – Hebrews 9:11-15

Gospel: Mark 14:12-16, 22-26

This is my body; this is my blood.

Parish Events

Dates for your Diary



This Saturday, 25th May – No 9am mass

This Sunday, 26th May – Meeting for all EM's with Fr Patrick after mass in the Unity Room.

Saturday, 1st June – Refreshments after mass in the Unity Room.

Sunday, 2nd June – Worth Pro Earth present a film "GLOBAL HEALING" - *How faith helps us care for our common home*. Please come to learn and discuss how we can help to preserve our environment. 11am in the Unity Room

Sunday, 7th July – Parish picnic, after mass.

Saturday, 21st September - This year the Catechists' Day will be held again at Worth Abbey & School. This year we are inviting Catechists and those involved in Children's Liturgy and all forms of adult formation. The theme will be in response to the Pastoral Plan: Call to Mission - are we Equipped for Mission? More details in the summer.

Mark and Charlie's House Group Gathering

A very informal house group gathering in Balcombe on the last Friday of each month. All Worth parishioners are very welcome to come, socialise, relax, have a drink and some snacks and get to know your community better. Please contact Charlie Tibble c.tibble@stwilfrids.com

Next Date: **Friday, 31st May at 7.30pm.**

Church Closure

From

Monday 15th July – Friday 2nd August

the church will be closed for necessary Maintenance.

We expect the Unity Room will be available.

We will keep you updated.

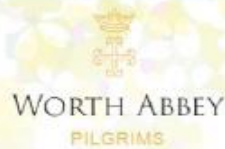
Would anyone be able to join a group in your home area who could watch out for anyone who may not be able to attend mass for any reason?

We hope it will help to keep an open door to the parish for those who cannot be physically present, either by taking Holy Communion into their home or by simply making a social visit. Do please get in touch if you can help. Thank you very much.

Helping in our Parish

Would anyone be able to help us as a Eucharistic Minister or a Reader or by taking part in the Offertory procession at mass on Saturday evenings 5pm or Sunday mornings 09.30am. Please do get in touch.

Would anyone like a mass to be celebrated for your intentions? Please get in touch with the office.



JUNE GATHERING

A social and spiritual day with Worth Abbey Pilgrims

**The Abbot and Community invite you to Worth Abbey
from 11.00am – 4.30pm on Saturday 1st June**

- Celebrate the beauty that is Worth
- Share monastic prayer in the Abbey Church
- Enjoy a guided walk through our woods and fields
- Visit St Bruno's Retreat Centre
- Activities for children
- Families welcome, bring your own picnic or buy refreshments onsite
- Parking available

For more details on our events visit
worthabbeypilgrims.com, or email pilgrims@worth.org.uk
or telephone 01342 710370

Admission free; please register your attendance
at <https://www.tickettailor.com/events/worthabbey>

A Place of Beauty and Joy

Worth Abbey Pilgrims invite you to their **June Gathering**, a social and spiritual day on Saturday 1st June, from 11.00am -4.30pm. Explore the beauty of Worth and join one of our walks through the Estate, guided by members of the monastic community, learn more about Lectio Divina, or enjoy some time in Worth Abbey's Retreat Centre with Fr Peter, Director of St Bruno's. Purchase refreshments or bring a picnic to enjoy in the beautiful surroundings. After lunch and Midday Prayer, join us for a talk by the Abbot of Worth, Abbot Mark Barrett, or sign up to a historic tour of Worth School's buildings and afterwards join-in a Benedictine Chant session led by Worth Abbey's Director of Music, Edward Dean. Benediction at 3:30pm will be followed by afternoon tea and Mass at 5pm. Families welcome; lots of activities for children. Admission and parking free. Please register your attendance at <https://www.tickettailor.com/events/worthabbey> Join us for some or all of the day's activities. Visit <https://worthabbeypilgrims.com> for more information.

Ed Dean, our director of music, writes:

This Sunday, 26th May, we will be singing the Sanctus (Holy, Holy) and Agnus Dei (Lamb of God) from Mass VIII. These chants are popular in other parishes both nationwide and worldwide, and they complement the 'de Angelis' Gloria which we sing regularly here at Worth Abbey.

If you are currently unfamiliar with these chants, you may find it useful to listen recordings of them – or even sing along to them. Recordings can be found on both the Abbey website and also the Worth Abbey Parish website.

Sanctus and Benedictus from Mass VIII ('de Angelis'): <https://www.youtube.com/watch?v=rvAd0tp0Urs>

Agnus Dei from Mass VIII ('de Angelis'): <https://www.youtube.com/watch?v=R1obGtH4dZw>

This weekend there will be a Second Collection for The Missionary Endeavour of the Diocese (Diocese of Chulucanas).

The Diocese of Chulucanas, Peru, with which our diocese has a strong connection, is celebrating its 60th anniversary this year. In 1982, Bishop Cormac Murphy-O'Connor established the link with the Diocese of Chulucanas, which is in the north of Peru, sending priests from this diocese as a *Fidei Donum* (a gift of faith).

The collection was introduced to support these priests. Although no Arundel & Brighton priests are currently serving in Peru, it continues to make an annual grant to the Diocese of Chulucanas.

Tax Statements – 2023/2024

For those of you who require an annual tax statement, please contact our bookkeeper,
Maria Emmerton at memmerton@worth.org.uk or contact the office at parish@worth.org.uk

Monks in the City – Season 3

Pray with us – The Divine Office at St John the Baptist’s Church, Brighton

Lauds (morning prayer) – Mon, Tue, Wed, Fri, Sat at 9am

Vespers (evening prayer) – Mon, Tue, Wed at 6pm

Special Vespers:

Feast of St Augustine – **Mon 27th May at 6pm**

Nativity of St John the Baptist – **Mon 24th June at 6pm**

Midday Stillness (until 19th July)

Every Friday, noon – 1pm. An hour of music, prayer and reflection in St John the Baptist’s Church.

Saturday Sanctuary

25th May and 22nd June from 10.10am – 12.15pm. A morning of fellowship, reflection, prayer and silence at Fitzherbert Community Hub.

Monk Talks

Join the monks for **Evening Prayer at 6pm** in the church, **followed by soup & bread supper at 6.30pm** in the Fitzherbert Community Hub with a **talk at 7pm.**

11th June – “Growing in the Freedom of Obedience”

St John the Baptist’s, 2 Bristol Road, Kemptown, Brighton, BN2 1AP – 07444 802368

The Norms for the Distribution of Holy Communion Under Both Kinds

When receiving Holy Communion, the communicant bows his or her head before the Sacrament as a gesture of reverence and receives the Body of the Lord from the minister. When Holy Communion is received under both kinds, the sign of reverence is also made before receiving the Precious Blood. The minister raises the Host slightly and shows it to each, saying, “The Body of Christ.” The communicant replies, “Amen”, and receives the Sacrament either on the tongue or in the hand. As soon as the communicant receives the Host, he or she consumes the whole of it. (GIRM, 161)

When receiving in the hand, the communicant should be guided by the words of St. Cyril of Jerusalem, writing around 400 AD: “When you approach, take care not to do so with your hand stretched out and your fingers open or apart, but rather place your left hand as a throne beneath your right, as befits one who is about to receive the King. Then receive him, taking care that nothing is lost.”

The GIRM also states that Holy Communion distributed under both species is a fuller sign of the Heavenly banquet (no. 281). “Holy Communion has a fuller form as a sign when it takes place under both kinds. For in this form, the sign of the Eucharistic banquet is more clearly evident and clearer expression is given to the divine will by which the new and eternal Covenant is ratified in the Blood of the Lord, as also the connection between the Eucharistic banquet and the eschatological banquet in the Kingdom of the Father.”
(*Eucharisticum Mysterium*, May 25, 1967, no. 32)

No one is required to receive under both species, but the Church does encourage it. If one only partakes in the Host, they must remember they are receiving the fullness of Christ – Body, Soul, and Divinity. Thus, it is the choice of the communicant to receive from the chalice.

For the reception of the Precious Blood, the GIRM, no. 286 states: “Each communicant, after receiving the Body of Christ, moves to the minister of the chalice and stands facing him. The minister says, “The Blood of Christ”, the communicant replies, “Amen”, and the minister hands over the chalice, which the communicant raises to his or her mouth. Each communicant drinks a little from the chalice, hands it back to the minister, and then withdraws.”

The only ministers who communicate themselves are Bishops and priests. Deacons and lay persons are to be ministered to and are never to communicate themselves. For this reason, it is not proper, at any time, to take the Host to the Chalice and dip the Host into the Precious Blood.

Worth Pro Earth – A Call to Action

Plantlife's No Mow May is back.

Provide a feast for pollinators, tackle pollution, reduce urban heat extremes and lock away atmospheric carbon below ground. See the website and sign up. [No Mow May](#)

Citizen Science

What is Citizen Science?

Citizen Science projects bring together scientists and public volunteers, to collect data. These projects are invaluable in conservation, making it possible to collect information that scientists alone would be unable to access. As well as helping advance research projects, becoming a citizen scientist is an amazing way to learn about plants and wildlife. <https://growwild.kew.org/> Get involved in one of the following ways:

1. Nature's Calendar

Does climate change affect timings in nature? What effect has recent weather had on wildlife? The Woodland Trust's citizen science project, Nature's Calendar, is all about tracking the effects of weather and climate change on wildlife. By joining Nature's Calendar, you can contribute to a biological record dating back to 1736. Choose locations that you visit regularly where you can monitor one or more of your chosen species. Help us track the effects of weather and climate change on wildlife near you. Visit <https://naturescalendar.woodlandtrust.org.uk/> to get involved.

2. National Plant Monitoring Scheme (NPMS)

While the popularity of citizen science projects is growing, plants have been left behind. The NPMS aims to survey abundance and diversity of plant species, the foundation of all our ecosystems, across different habitats in the UK. This helps us to understand the health of these habits. You will be randomly allocated at 1km square to visit near where you live, where you can record plant 'indicator species' in small plots. Visit <https://www.npms.org.uk/> to find out how to get involved.

3. Flower-Insect Timed Counts

Flower-Insect Timed Counts (FITs) take ten minutes and can be done anywhere, including gardens and parks. It is a simple survey part of the UK Pollinator Monitoring Scheme (PoMS) that collects data on the total number of insects that visit a particular flower.

Spend ten minutes watching flowers and insects in good warm, dry weather during daylight hours.

Visit <https://ukpoms.org.uk/> to get involved.

4. Bee Walk

The bumblebee-monitoring project led by the Bumblebee Conservation Trust encourages you to learn how to identify bumblebees. Take a walk along a route once a month and record online which bumblebees you see. Visit <https://beewalk.org.uk/> to get involved.

Gatwick Airport

Mid Sussex District Council have opposed the planned expansion of the airport and there are hundreds of objections to the proposal to massively increase the number of flights. The CAGNE (Campaign against Gatwick Noise and Emissions) website will tell you all you need to know about this hotly disputed subject – <https://cagne.org/>

Balcombe – oil exploration by Angus Energy

The leave to appeal has been granted - look out for more news next week.

<https://frackfreebalcombe.org.uk/>

Repair Cafes

Repair cafes aim to reduce waste by encouraging a repair culture in the community. A repair can save time, money and waste. Find out more details at your local repair café -

Horsham repair cafe is open on **Saturday 25th May** at the United Reform Church, 45 Springfield Road, Horsham, RH12 1PT, visit their website for more details [Horsham Repair Cafe](#)

Lindfield repair cafe is open on **Saturday 8th June**, at the United Reformed Church, 52 High Street, Lindfield, West Sussex RH16 2HL, visit their website for more details [Lindfield Repair Cafe](#)

Forest Row repair cafe is open on **Saturday 15th June** at the Forest Row Community Centre, Hartfield Road, Forest Row, RH18 5DZ, visit their website [Forest Row Repair Cafe](#) for more details.

WPE Welcome new members. We meet once a month on a Wednesday at 2pm in St Benedict's. Our next meeting is on Wednesday, 5th June at 2pm. Please get in touch if you would like to attend.

Creator God, we thank you for the wondrous gifts of creation. Inspire us to take only what we need, so that your people may benefit equally from the gifts you give us all. Amen

Non-Parish Events

Corpus Christi Carpet of Flowers

Experience Arundel Cathedral, carpet of flowers on **29th – 30th May**, in celebration of the Feast of Corpus Christi. View the carpet 09.30am – 7pm on Wednesday and 09.30am – 5.30pm on Thursday. Mass, followed by a procession to Arundel Castle, will begin at 5.30pm on Thursday. Everyone is welcome.

Santa Marta Group – Modern slavery & human trafficking presentation

Saturday 29th June 11-1pm at St Peter's Hall, Shoreham

By kind invitation of Bishop Richard Moth all are invited to attend a presentation and discussion on Modern Slavery & Human Trafficking – Communities and Parishes. In 2014 Pope Francis instructed Cardinal Vincent Nichols to lead the work of the Santa Marta Group as an important mission for the Catholic Church. It now has partners in over 40 countries; from acorns oak trees grow. Places can be booked through the attached link [Santa Marta Group - Modern slavery & human trafficking presentation \(29-Jun-2024\) · ChurchSuite Events](#). If you wish to discuss your engagement with this event before booking please contact Tessa Ricketts, Diocesan Advisor E: tessa.ticketts@abdiocese.org.uk

Adoremus Saturday

Members of clergy and people from across our diocesan community are invited to join Bishop Richard at Adoremus 2024, the National Eucharistic Congress taking place at St Mary's College, Oscott, Birmingham, on **Saturday 14th September**. The day will include a keynote address, Mass, a Eucharistic Procession and Benediction and a range of campus activities including a Carlo Acutis presentation, Rosary Walk, and Adoration in the chapel. The Diocese is organising a coach to the venue leaving from St Wilfrid's Catholic School, Old Horsham Road, Crawley, West Sussex, RH11 8PG at 06.45am and returning to Crawley around 9pm that same day. The cost per person is £40 which includes parking at St Wilfrid's, coach travel, and entry to the event. A number of the coach seats have been booked, so please do encourage people to book soon. Registration for the event is made on churchsuite, so please ask people to visit: abdiocese.churchsuite.com/events/8xokz3ru.

Please contact Laura Maydew-Gale, E: communications@abdiocese.org.uk with any questions.

Retrouvaille Weekend

Retrouvaille England and Wales is a registered charity, the presenters are *trained* volunteers who give their time as a gift. The Retrouvaille vision is to make the programme available *to all couples who want to work at their marriage, regardless of their financial circumstances*.

The next in-house programme is at the Focolare Centre, Welwyn Garden City on **Fri 14th - Sun16th June**.

For other regular items, please see the website:

For readings, see Universalis: [Universalis](#)

Parish Leadership Team: [Parish Leadership Team](#)

Our Facebook page: [Parish Facebook](#)

Children's Junior Church liturgy: [Junior Church](#)

Diocesan Family Materials: [Family Materials](#)

Parish Giving: [My Dona Parish Giving](#)

or use our QR code.



Parish Priest: Fr Paul Fleetwood (Mobile: 07764 260216)

Parish Office Email: parish@worth.org.uk Parish Office Tel: 01342 710313 Parish Website: www.worthabbeyparish.co.uk

Secretary: Maria Stribbling, available 9.15am-1.15pm Mon-Fri

Nighttime emergencies only: 01342 710331

Any cheques to be made payable to – Worth Abbey Parish

In Touch: If you would like anything to appear in 'In Touch,' please contact Maria Stribbling at parish@worth.org.uk
(by Wednesday 10am)

Safe Spaces: 0300 303 1056 **Web:** www.safespacesenglandandwales.org.uk/ **Email:** safespaces@victimsupport.org.uk

If you are unable to attend Mass and would like to receive Holy Communion at home, or if you have any prayer intentions, please let Fr Paul know.

REGULAR EVENTS IN THE PARISH

Mass Times - Saturday: 9.00 am (Concelebrated) and 5.00 pm (First Mass of Sunday),
Sunday: 9.30 am.

Daily Mass: 5.30 pm (Concelebrated), Holy Days of Obligation: 7.30 pm.

Feast Day: 5.30 pm.



Confessions (Sacrament of Reconciliation) – In the Church, Sundays 08.45am – 09.15am
(If anyone cannot come at this time, please make a special appointment with Fr Paul)

Exposition of the Blessed Sacrament – Every Sunday at 6.30pm in the Church, after vespers and on
Wednesdays from 2.30pm-3.30pm in the main Church.

Rosary Group – Mondays in the Abbey Church after Vespers – 7:10pm until 8:00pm. Please contact Rachel
Davies: 07801 696354.

Lectio Divina – Tuesday evenings at 8pm via Zoom. Please contact Jenny Chapman
jenny_chapman@sky.com If you would like to join us, please contact Jenny Chapman by email or speak to
her after Mass any weekend.

Christian Meditation Group – 7.00pm in the Unity Room, please contact Richard by email
rbrownd1@gmail.com. Forthcoming dates are 26th June and 24th July (this one will be held in St Brunos)

Vigil for Vocations - (1st Friday). After Compline 8.30pm - 9.00pm.

Bible Study Group – 11am on Mondays in St Benedict's (Parish Office). Please contact the Parish Office.

Worth Abbey Parish is committed to safer recruitment. Arundel and Brighton Diocese and Worth Abbey Parish are committed to safeguarding all children and vulnerable groups at risk within its community. The Diocese aims to embed a culture of safeguarding to prevent abuse and to provide support to individuals who have been hurt by abuse, taking the necessary actions to reduce the likelihood of further harm.

Our Worth Abbey Parish Safeguarding Reps are Charles and Ann McCarthy

Email: sg1.worth@abdiocese.org.uk