



# In Touch

Journeying Together:

Collaboration

Co-operation

Co-Responsibility

Fourteenth Sunday in OT (year B)  
6<sup>th</sup> / 7<sup>th</sup> July 2024  
No. 1390

Dear Parishioners

I hope that you and your families are well. I send you all my prayers.

Last Sunday we had our final session of our programme of **Family Catechesis** until we begin again in September. Our thanks go especially to Lizzie Wakeling, the Diocesan Youth Officer, who has been organising this for us; and also to all our parish catechists, who have so generously devoted themselves to the families of the parish, both children and parents. Bishop Richard, in his Pastoral Plan, has emphasised how important continuous catechesis is for all stages in our lives if we are to be able to sustain our faith. We print below an initial invitation to our new programme which will begin after summer, and which now includes two new groups, *Baby Saints*, for three- to five-year-olds, and *Faith Alive*, for nine- to twelve-year-olds; and, of course, we always have the group for parents. Please get in touch with the parish office if your family would like to take part (parish @worth.org.uk); and, if you know of any families who would benefit from the programme, please speak to them and invite them to contact us.

## Family Formation Information Sheet

### What is the Family Formation Process?

At Worth Parish, we have significantly changed the way in which we support families both with their ongoing faith journey and with sacramental preparation.

The Church has always maintained that catechesis, or 'passing on faith', is the primary responsibility of parents. As your parish family, we are here to work with, support and encourage you in this long-term process. We do this by gathering all families together to celebrate, learn and worship: we introduce you to other families, provide you with quality resources that will help you and your children grow in faith and answer any questions you may have.

At the core of the process are the age-appropriate streams for you and your children.

### Baby Saints (Children aged 3-5)

Using child friendly resources, your little one will be helped to develop a relationship with God. This will be through a process of wondering and exploration using tactile resources and gentle story telling.

### **All Saints (Children aged 6-8)**

This group has replaced the First Holy Communion programme. Your child will need to be a regular member of this group in order to receive the Sacraments of Reconciliation & Holy Communion for the first time within the Parish. When they attend this group, they will learn more about what we believe, and develop their prayer lives – as well as making great friends!

The group leaders review the group twice a year, considering the spiritual maturity of each participant, and they will have a conversation with you if they feel as though your child is ready to receive the Sacraments. However, you are more than welcome to approach them first to have this conversation. You will be provided with materials that explain the discernment process, enabling you to take an active part in this big decision with your child.

It is anticipated that your child will remain in this group after their reception of the Sacraments, to continue growing in faith and friendship.

### **Faith Alive (Children aged 9-12)**

We are told in scripture that ‘faith without works is dead’ (James 2:17). Faith Alive is a youth group that helps your children explore what it really means to put their faith into action. Whether that be service within the church community, works of charity, or even active evangelisation! All of this within a framework of great fun and friendship.

### **Inspired (Teenagers aged 13-16)**

This youth group has replaced our Confirmation programme, so any young person who desires to receive the Sacrament must be a regular member of this group. The focus of this group is on building community and learning more about God’s call on our lives.

The group leaders review the group annually, considering the spiritual maturity of each participant, and they will have a conversation within the group about who might like to be Confirmed. Your family will be provided with materials that explain the discernment process, enabling you to take an active part in this big decision with your child.

It is anticipated that your child will remain in this group after their reception of the Sacrament, to continue growing in faith, be a witness to others, and learn how to use the gifts of the Spirit they have received at Confirmation.

### **Parents Group**

Despite the unimaginative name, this is a wonderful group to belong to as you get to know other parishioners better, whilst learning more about the precious gift of faith. There are four dimensions to formation (the process of becoming more like Christ) human, intellectual, pastoral and spiritual, and our hope is to help you to grow in all of these areas.

## Date for 2024/2025

The sessions *usually* take place on the third Sunday of every month during term time. Here are the dates for the next year (please note the date for April):

15<sup>th</sup> September  
20<sup>th</sup> October  
17<sup>th</sup> November  
15<sup>th</sup> December  
19<sup>th</sup> January  
16<sup>th</sup> February  
16<sup>th</sup> March  
**27<sup>th</sup> April**  
15<sup>th</sup> June

## Locations

The sessions take place at a variety of locations across the Parish. We ask that you drop your younger children (3–12-year-olds) at the appropriate location at the start of each session, and they will be brought to you at the end of each session. Members of Inspired can come unaccompanied and will be sent to you at the end of the session.

- Baby Saints – Choir Vestry
- All Saints – Compass House (Dining Room)
- Faith Alive – Compass House (Living Room)
- Inspired – St Benedict's (Living Room)
- Parents – Unity Room

If you and your family would like to be a part of this ever-growing community, please complete a consent form with your families and return it to the Parish Office. (This will be sent to you as soon as you let us know that you would like to take part.)

Meanwhile, please remember the **Parish Picnic** this Sunday after mass. There will also be a cake sale, to raise money for CAFOD, so no need to worry about the sweet course ; This is an initiative of Anna Russell (aged eight), so please support it generously. There will be card readers available to make your donation.

I send all best wishes and look forward to seeing you on Sunday. Yours. Fr Paul

**Please note, this will be our last complete copy of In Touch for a week or two.**

Please note that during the period of church closure, monks will be away.

Fr Paul will leave for holidays on Sunday, **28<sup>th</sup> July, and return on Sunday, 11<sup>th</sup> August.**

The monastic community will be in **retreat from 12<sup>th</sup> to 14<sup>th</sup> August.**

Our secretary, Maria, will be away from **16<sup>th</sup> August till 4<sup>th</sup> September.**

Your messages will be received, however, but please do not send emails to Maria during her holidays but use [parish@worth.org.uk](mailto:parish@worth.org.uk) instead.

There will be a parish mass for the Feast of the Assumption on **15<sup>th</sup> August**, a holy day of obligation, at 7.30 pm.

### Prayers

Please pray for Hugh Hurdman, our very faithful and generous parish gardener of many years.

Hugh died recently. May he rest in peace.

His funeral will be at Worth on **Wednesday, 10<sup>th</sup> July, at 9.30 am**. The burial will be in Cuckfield cemetery at 12 noon. (We are advised to park in the local park. A parking disk is needed.)

Please continue to pray for our parishioners Sue Pearson, Norbert and Severina D'Souza, John and Sue Rutherford, Demelza Waring, Liz Hicklin, Pamela Bagwell, Helen Sweetman, Jill Carter, Laura Rawlinson, Peter and Antee Greene and Fred Green.

### **In preparation for the 2025 Jubilee Year "Pilgrims of Hope", 2024 has been designated a Year of Prayer by Pope Francis.**

*"Prayer unites us; it makes us brothers and sisters.*

*It is in prayer that our hearts find the strength not to be cold and insensitive in the face of injustice.*

*In prayer, God keeps calling us, opening our hearts to charity." (Pope Francis)*

*God of peace may your kingdom come. May fear strike no longer, let pain fade away, may earthly power be challenged, when it plunders the poor, and tramples on hope.*

*God of peace may your kingdom come. Help us put away the weapons of war, help us destroy the tools of destruction, let earthly power be challenged, when it plunders the poor, and tramples on hope.*

*God of peace may your kingdom come. Teach us to follow the ways of justice, teach us to walk the paths of truth, let integrity challenge the power that plunders, when it tramples the poor and pours scorn on our hope.*

*God of peace may your kingdom come. Bring peace sweet as honey, bring peace like a shield, and may we be the challenge to earthly power that plunders and tramples on hope.*

*God of peace may your kingdom come.*

*Amen.*

(Linda Jones/CAFOD)

### **Please pray for the people of Israel and Palestine and of Russia and Ukraine**

*God of peace, who are peace itself.*

*and whom a spirit of discord cannot grasp, nor a violent mind receive,  
grant that those who are one in heart may persevere in what is good.*

*and that those in conflict may forget evil and so be healed.*

*Through Christ our Lord. Amen*

*(Prayer: Roman Missal, p.1361)*

### Anniversaries

**Please pray for the Souls of** – John Mayne, Roger Talbot, Brian Hawkins, Valerie Bailey, Monica Perkins, Roger Nangle Vaughan, Daniel Heggerty, Alan Hook, Beatrice Blackaller, Tony Howes, John Fawls and Eddie Dolman.

**Eternal rest grant unto them, O Lord, and let perpetual light shine upon them, may they rest in peace. Amen.**

### **Daily Readings**

Monday – Hos 2:16, 17b-18, 21-22 Matt 9:18-26

Tuesday – Hos 8:4-17, 11-13 Matt 9:32-38

Wednesday – Hos 10:1-3, 7-8, 12 Matt 10:1-7

Thursday – Prov 2:1-9 Matt 19:27-29 (**St Benedict**)

Friday – Hos 14:2-10 Matt 10:16-23

Saturday – Isa 6:1-8 Matt 10:24-33

Next Sunday's Readings: **Fifteenth Sunday in OT (Year B)**

1st Reading – Amos 7:12-15 2nd Reading – Ephesians 1:3-14

**Gospel:** Mark 6:7-13

**Take nothing with you**

## *Parish Events*

### Dates for your Diary



**This Saturday, 6<sup>th</sup> July** – Refreshments after mass in the Unity Room.

**This Sunday, 7<sup>th</sup> July** – Parish picnic, after mass. There will be a CAFOD cake sale in the Narthex. Do please prepare your finest Fortnum & Mason's hamper. We will either sit on the grass or if you find it easier, do bring your own picnic furniture. If you need help to move it from the carpark there will be a team eager to step in to help.

**Sunday, 14<sup>th</sup> July** – Parish Brunch after mass in Compass House.

**Saturday, 21<sup>st</sup> September** - This year the Catechists' Day will be held again at Worth Abbey & School. This year we are inviting Catechists and those involved in Children's Liturgy and all forms of adult formation. The theme will be in response to the Pastoral Plan: Call to Mission - are we Equipped for Mission? More details in the summer.

### **Next weekend there will be a Second Collection for "Sea Sunday – Apostleship of the Sea".**

Sea Sunday is an opportunity for us to remember and say prayers for all the brave men and women who work at sea, to make sure we have all that we need.

**Junior Church last class will be on 14<sup>th</sup> July. Classes resume on 8<sup>th</sup> September**

### Church Closure

From **Monday 15<sup>th</sup> July – Friday 2<sup>nd</sup> August**, the church will be closed for necessary Maintenance. We expect the Unity Room will be available. We will keep you updated.

### Mark and Charlie's House Group Gathering

A very informal house group gathering in Balcombe on the last Friday of each month. All Worth parishioners are very welcome to come, socialise, relax, have a drink and some snacks and get to know your community better. Please contact Charlie Tibble [c.tibble@stwilfrids.com](mailto:c.tibble@stwilfrids.com)  
Next Date: **Friday, 5<sup>th</sup> July at 7.30pm.**

(These will continue during the holidays, with future dates 26<sup>th</sup> July and 30<sup>th</sup> August)

### New appeal from GDWG

Informal (young) men's. Do you have any men's clothing - all sizes - for our clothing store? We'd appreciate donations very much. our shelves are bare and the need does not abate. If you have any clothes you can donate, please drop them off at the Parish Office. Thank you.

### RCIA

Dear Friends, we are delighted to invite you to participate in the Rite of Christian Initiation of Adults (RCIA) program at Worth Abbey Parish, beginning this September. The RCIA is a journey of faith, providing an opportunity for those who are considering joining the Catholic Church to learn about our beliefs, traditions, and community life.

Whether you are unbaptized, baptized in another Christian tradition, or baptized Catholic but have not received the Sacraments of Confirmation and Eucharist, the RCIA program offers a supportive environment to explore your faith and grow spiritually. This invitation is also extended to Sponsors and those who wish to explore the foundations of their faith more deeply.

To help you learn more about the program and meet others who are also beginning this journey, we will hold an initial meeting on **July 21<sup>st</sup>**, after Mass, in St Benedict's (the Parish office). This gathering will provide an overview of the RCIA process and answer any questions you may have.

We kindly ask those interested to enquire by phone or email before July 21<sup>st</sup> to ensure we can adequately prepare for the meeting. Please feel free to reach out to me, Geoff Chapman, via email at [gchapman@worth.org.uk](mailto:gchapman@worth.org.uk) or call me at 01342 710273 for further information or to express your interest.

We look forward to welcoming you and walking together on this path of faith and discovery.

*With blessings, Geoff Chapman, RCIA Coordinator, Worth Abbey Parish*

## **Worth Pro Earth**

### **Plastic Free July**

Plastic Free July is a global initiative challenging us all to reduce our single-use plastic waste for an entire month. Check out the handy guide, packed with great tips and hacks to help you get started, whether you're just beginning your journey to reduce plastic, looking for fresh ideas, or seeking a reset on your sustainable habits, our guide has something for everyone.

[https://drive.google.com/file/d/17yQFHHeZbB\\_4yfEtNhOUloOm9dyCA9Jn/view](https://drive.google.com/file/d/17yQFHHeZbB_4yfEtNhOUloOm9dyCA9Jn/view)

#### **Easy changes you can try right now:**

- a. Choose loose - ditch pre-bagged fruit and veg and opt for loose options wherever possible.
- b. Refillable bottles - instead of buying water and other plastic packaged drinks, carry a refillable bottle with you when you're out on the go.
- c. Reusable bags - keep a stash of reusable fabric bags in your car or by your front door to avoid needing plastic bags when you shop.
- d. Bring your own container - when ordering takeaway or buying from a deli, bring your own container to reduce single-use plastic packaging.
- e. Switch to soap bars - use soap bars instead of liquid soap in plastic bottles for washing your hands and in the shower. You can also get bars of shampoo in some stores.

#### **Aside from making positive changes in your own home, there are many other ways you can help make a difference this Plastic Free July. Here are some ideas to try:**

- a. Write to your local MP: ask them to do more to tackle the problem of single-use plastic in your community and to promote accessible refill and reuse systems.
- b. Sign a petition: support campaigns like Choose Loose, [Remove plastic packaging](#) which urges supermarkets to remove plastic packaging from fruit and veg, or the Global Plastics Treaty, [Global Plastics Treaty Now!](#) which aims to solve the global plastic pollution problem by championing a strong international agreement.

Spread the word: tell your family and friends about Plastic Free July and encourage them to join you in taking part. Together, we can amplify our impact and drive meaningful change.

### **Community Food Hubs**

In October West Sussex County Council launched a six-month pilot project to encourage people to take advantage of surplus food rescue services and food waste prevention education sessions, which in turn, works to reduce the amount of edible food that ends up in people's household rubbish bins. Due to the success of the pilot, working with UKHarvest and other partnerships and charities, in 2023 the programme was extended running until April 2024. The programme prevented over 37 tonnes of food going to waste, provided food to over 11,000 people with over 70% of residents saying that they reduced food from going to waste at home. The programme has been extended for a further 12 months, running once a month across every district borough until April 2025:

**Haywards Heath** (second Friday of the month from 1000-1100) next date **12<sup>th</sup> July** at Ascension church, 100 Vale Road, Haywards Heath, West Sussex, RH16 4JS

**Crawley** (third Wednesday of the month from 1000-1100) next date **17<sup>th</sup> July** at Broadfield Community Centre, Broadfield Barton, Crawley, RH11 9BA

**Horsham** (fourth Wednesday of the month from 1000-1100) next date **24<sup>th</sup> July** at Chanctonbury Leisure Centre, Spierbridge Road, Storrington, Pulborough, West Sussex, RH20 4PG

Each district and borough will host a UKHarvest community food hub once a month where, for a small donation, people will be able to pick up a wide selection of surplus foods which would have otherwise ended up as waste from suppliers. Find out more: [West Sussex](#)

WPE Welcome new members. We meet once a month on a Wednesday at 2pm in St Benedict's. Our next meeting is on Wednesday, **10<sup>th</sup> July** at 2pm. Please get in touch if you would like to attend.

*Creator God, we thank you for the wondrous gifts of creation.*

*Inspire us to take only what we need, so that your people may benefit equally from the gifts you give us all.*

*Amen*

**A new lectionary has been prepared for use in the English-speaking world.**

The new translation will come into use in England and Wales on the First Sunday of Advent this year. The new edition uses the English Standard Version - Catholic Edition for the readings and the Abbey Psalms and Canticles for the Responsorial Psalms. You can find out more about the new Lectionary on the Liturgy Office [website](#), with useful FAQs included on CBCEW's website [here](#).

You can purchase a copy of the ESV Bible from our bookshop, and also a book about it by Mark Giszczak, entitled *Bible Translation and the Making of the ESV Catholic Edition* (Augustine Institute, 2022). You may also find this youtube interview helpful: [The Tale of the Bible Translations with Dr Mark Giszczak](#)

*Non-Parish Events*

**Adoremus Saturday**

Members of clergy and people from across our diocesan community are invited to join Bishop Richard at Adoremus 2024, the National Eucharistic Congress taking place at St Mary's College, Oscott, Birmingham, on **Saturday 14<sup>th</sup> September**. The day will include a keynote address, Mass, a Eucharistic Procession and Benediction and a range of campus activities including a Carlo Acutis presentation, Rosary Walk, and Adoration in the chapel. The Diocese is organising a coach to the venue leaving from St Wilfrid's Catholic School, Old Horsham Road, Crawley, West Sussex, RH11 8PG at 06.45am and returning to Crawley around 9pm that same day. The cost per person is £40 which includes parking at St Wilfrid's, coach travel, and entry to the event. A number of the coach seats have been booked, so please do encourage people to book soon. Registration for the event is made on churchsuite, so please ask people to visit:

[abdiocese.churchsuite.com/events/8xokz3ru](http://abdiocese.churchsuite.com/events/8xokz3ru).

Please contact Laura Maydew-Gale, E: [communications@abdiocese.org.uk](mailto:communications@abdiocese.org.uk) with any questions.

**Catholic Podcasts**

**The Catholic Bishops' Conference of England and Wales (CBCEW)** produces a number of podcasts throughout the year. Their main strand is called "Catholic News" but they also have podcasts covering social justice, Scripture and the Gospels with standalone series like "Journeying with Newman" looking at the life and teachings of St John Henry Newman. You can find out more on their website, [here](#)

**The Catholic Truth Society (CTS)** offers a seasonal podcast called [Beautifully Told](#), created by members of the CTS team. Available on Spotify, Apple and Google Podcasts, it offers subscribers an opportunity to "listen in on an honest conversation between two Catholic friends as they tackle the essential questions of life and faith".

**All Kinds of Catholic** launched earlier this week and is presented by Theresa Alessandro, a Catholic who has worked for two Catholic organisations. Theresa hosts the weekly Wednesday episodes with conversations with different Catholic guests exploring how each contributor lives their faith in the world today – sharing their hopes, joys and disappointments. You can find out more on the Buzzsprout website, [here](#).

**For other regular items, please see the website:**

For readings, see Universalis: [Universalis](#)

Parish Leadership Team: [Parish Leadership Team](#)

Our Facebook page: [Parish Facebook](#)

Children's Junior Church liturgy: [Junior Church](#)

Diocesan Family Materials: [Family Materials](#)

Parish Giving: [My Dona Parish Giving](#)

or use our QR code.





*Parish Priest: Fr Paul Fleetwood (Mobile: 07764 260216)*

Parish Office Email: [parish@worth.org.uk](mailto:parish@worth.org.uk) Parish Office Tel: 01342 710313 Parish Website: [www.worthabbeyparish.co.uk](http://www.worthabbeyparish.co.uk)

Secretary: Maria Stribbling, available 9.15am-1.15pm Mon-Fri

Nighttime emergencies only: 01342 710331

Any cheques to be made payable to – Worth Abbey Parish

**In Touch:** If you would like anything to appear in 'In Touch,' please contact Maria Stribbling at [parish@worth.org.uk](mailto:parish@worth.org.uk)  
(by Wednesday 10am)

Safe Spaces: 0300 303 1056 Web: [www.safespacesenglandandwales.org.uk/](http://www.safespacesenglandandwales.org.uk/) Email: [safespaces@victimsupport.org.uk](mailto:safespaces@victimsupport.org.uk)

If you are unable to attend Mass and would like to receive Holy Communion at home, or if you have any prayer intentions, please let Fr Paul know.

## REGULAR EVENTS IN THE PARISH

**Mass Times** - Saturday: 9.00 am (Concelebrated) and 5.00 pm (First Mass of Sunday),  
Sunday: 9.30 am.

Daily Mass: 5.30 pm (Concelebrated), Holy Days of Obligation: 7.30 pm.

Feast Day: 5.30 pm.



**Confessions (Sacrament of Reconciliation)** – In the Church, Sundays 08.45am – 09.15am  
(If anyone cannot come at this time, please make a special appointment with Fr Paul)

**Exposition of the Blessed Sacrament** – Every Sunday at 6.30pm in the Church, after vespers and on  
Wednesdays from 2.30pm-3.30pm in the main Church. **(Not during the church closure)**

**Rosary Group** – Mondays in the Abbey Church after Vespers – 7:10pm until 8:00pm. Please contact Rachel  
Davies: 07801 696354.

**Lectio Divina** – Tuesday evenings at 8pm via Zoom. Please contact Jenny Chapman  
[jenny\\_chapman@sky.com](mailto:jenny_chapman@sky.com) If you would like to join us, please contact Jenny Chapman by email or speak to  
her after Mass any weekend.

**Christian Meditation Group** – 7.00pm in the Unity Room, please contact Richard by email  
[rbrownd1@gmail.com](mailto:rbrownd1@gmail.com). Forthcoming date **24<sup>th</sup> July (this one session will be held in Compass House)**

**Vigil for Vocations** - (1st Friday). After Compline 8.30pm - 9.00pm.

**Bible Study Group** – 11am on Mondays in St Benedict's (Parish Office). Please contact the Parish Office.

Worth Abbey Parish is committed to safer recruitment. Arundel and Brighton Diocese and Worth Abbey Parish are committed to safeguarding all children and vulnerable groups at risk within its community. The Diocese aims to embed a culture of safeguarding to prevent abuse and to provide support to individuals who have been hurt by abuse, taking the necessary actions to reduce the likelihood of further harm.

**Our Worth Abbey Parish Safeguarding Reps are Charles and Ann McCarthy**

Email: [sg1.worth@abdiocese.org.uk](mailto:sg1.worth@abdiocese.org.uk)